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## AHA Showcases Successful Strategies to Prevent Suicide in the Health Care Workforce

*The culmination of a two-year AHA and CDC project focuses on successes of evidence-based interventions*

AHA, in its continued efforts to support the wellness and mental health of the nation's health care workforce, has released 18 new case studies from member hospitals and health systems that focus on the real-world implementation of tactics and strategies for preventing suicide among health care workers.

The strategies upon which this work is based can be found in the 2022 report [Suicide Prevention: Evidence-Informed Interventions for the Health Care Workforce](#). Each hospital participant sought to address one of three key drivers of suicide in the health care workforce: job stressors, stigma or access to care. The tactics they deployed in their workplaces were done so over the course of six months. These hospitals and health systems met throughout with other participants to share strategies, challenges and successes in real time.

“The strategies and outcomes resulting from the last two years of this project have yielded solutions that our participants proved can successfully move off the page and into practice, and in a short time,” said Rebecca Chickey, AHA's senior director of behavioral health. “The real-world results reaffirm the role that leadership can play as champions of proactive, evidence-informed approaches to reduce the impact of drivers and protect their workers from the conditions that may lead to suicidal ideation or action.”

**Stories from the collaborative are available on the new Suicide Prevention in the Health Care Workforce Guide in Action [webpage](#). In addition, the AHA has produced a [document](#) summarizing the data and outcomes that resulted from the collaborative.**

### FURTHER QUESTIONS

If you have further questions, please contact AHA at 800-424-4301 or contact Rebecca Chickey at [rchickey@aha.org](mailto:rchickey@aha.org).

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